



Your Gift is Coming!

Wishing you a very
Happy Holiday!

To: _____

From: _____

In February 2019 a copy of Feeding You Lies will arrive on your doorstep! In this book, Vani Hari, aka The Food Babe, blows the lid off the lies we've been fed about the food we eat - lies about its nutrient value, effects on our health, label information, and even the very science we base our food choices on. It's a blueprint for living your life without preservatives, artificial sweeteners, additives, food dyes, or fillers, eating foods that truly nourish you and support your health. I know you'll love it!